



# MODULE I

## General topics and obstructive disorders

### Part 1: Online presentations with MCQs.

#### 1.1 Reference values

*Prof. Wim Janssens (KULeuven)*

General concepts, normal and abnormal values and lower limit of normal, severity, determinants of reference values, obstruction, restriction, GLI concept.

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#### 1.2 Spirometry – Slow and forced vital capacity manoeuvres – Flow-volume loop

*Prof. Shane Hanon (VUB)*

Equipment, physiologic basics behind configuration of flow volume loop and volume time curve in healthy subjects and in disease, ATS/ERS criteria, standardisation and how to report results, contraindications, measurement technique and pitfalls, obstructive, restrictive and mixed disorders, specific patterns, reversibility (definition and measurement).

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#### 1.3 Bronchoprovocation testing (methacholine, histamine, adenosine, exercise)

*Prof. Renaud Louis (ULiège)*

Bronchial hyperresponsiveness, direct and indirect stimuli, methodological aspects and procedures, expression of results (PC20 and PD20), clinical utility/relationship with asthma control, effects of bronchoconstriction on lung function parameters effects of drugs (ICS) on bronchial hyperresponsiveness.

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#### 1.4 Physiology of static lung volumes, compliance

*Prof. Eric Derom (UGent)*

Pressure-volume relationship and elastic recoil of the respiratory system and its different components (lung, thoracic wall, ribcage, abdomen/diaphragm), physiologic determinants of static lung volumes, effect of disease (restrictive and obstructive disorders) on pressure-volumes relationship, lung compliance, closing volume, methods to measure static compliance.

#### 1.5 Body plethysmography (TGV-Raw)

*Prof. Ellie Oostveen (UAntwerpen)*

Description of equipment, physiological basics behind the measurements, pitfalls of measurements, manoeuvres, measurement of lung volume and airway resistance, ATS/ERS standardisation, clinical relevance and interpretation of lung volume and resistance in pathology, ATS/ERS standardisation.

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#### 1.6 FRC measurement using multiple breath techniques: the Helium dilution and the N2 wash-out technique

*Prof. Eric Derom (UGent)*

Definition, method of calculation, principle of Helium dilution and equipment. Principle of N2 wash-out and equipment, quality control, difference with body plethysmography, ATS/ERS standardisation.

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#### 1.7 Resistance Measurements (oscillometry)

*Prof. Ellie Oostveen (UAntwerpen)*

Definition, description of equipment, physiological basics underlying the measurements, pitfalls of measurements, basics of oscillometry and clinical interpretation/potential, difference with other methods to assess airways obstruction.

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#### 1.8 New techniques to assess airways inflammation

*Prof. Lieven Dupont (KULeuven)*

Rationale, basics, methodology and clinical relevance, use in disease monitoring of FENO, induced sputum, VOCS in pulmonary disease.